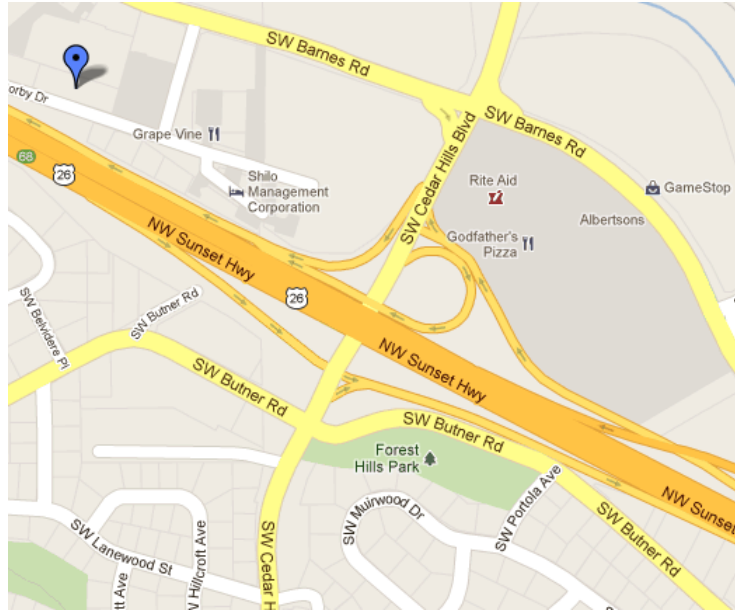


NW HEADACHE AND WELLNESS CENTER  
11782 SW BARNES RD BUILDING C, SUITE 130  
PORTLAND OREGON 97225

Phone: 503-601-0300 | Fax: 503-597-6005



**Directions traveling on Hwy 26 from the Coast (Towards Portland):**

- Take **Exit 68** for Cedar Hills Blvd (.3 miles)
- Turn **Left** onto Cedar Hills Blvd (.2 miles)
- Turn **Left** onto Barnes Road (.3 miles)
- (see below)

**Directions traveling on Hwy 26 from the East (From Portland, Towards the Coast):**

- Take **Exit 68** for Cedar Hills Blvd (.3 miles)
- **Merge Right** onto Cedar Hills Blvd (.2 miles)
- Get into **Left Lane** right away
- Turn **Left** onto Barnes Road (.3 miles)
- (see below)

**Directions traveling from the South (Hwy OR-217 North):**

- At the end of 217 North, take the **Barnes Road Exit**
- **Keep Left** at the fork, follow signs for Barnes Road
- Continue Straight, and **slight Right onto SW Barnes**
- Pass Cedar Hills Blvd
- (see below)

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**Continuation for all directions:**

- Turn Left on 117<sup>th</sup> (Just before “Providence Sunset Medical” building on your left.
- Travel one block to stop sign.
- Turn Right on Corby Drive.
- Between Building D and Building C is the upper parking structure on your Right.
- Our clinic is on the Right in the same building as the Orthopedic and Fracture Clinic.